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## PRESS RELEASE

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FOR IMMEDIATE RELEASE  
June 26, 2018

### **\$35 MILLION EXPANSION AND RENOVATION PROJECT COMPLETE - LAKESIDE ADDITION NOW OPEN AT LA POSADA**

PALM BEACH GARDENS, Fla. June 26, 2018 – La Posada (the premier continuing care retirement community in Palm Beach Gardens) is pleased to announce the completion of its \$35 million expansion and renovation project featuring Mallorca, a lakeside addition built to enhance the continuum of care and offer a greater variety of lifestyle choices. Brad Cadiere, Executive Director of La Posada, announced that the first residents will be moving in on June 26.

“By adding an assortment of new apartments and increasing indoor and outdoor amenities, current and future residents can discover even more opportunities to enhance their active lifestyles,” said Cadiere. “Our residents are ageless and wish to continue to explore life, focus on wellness, socialize and enjoy varied dining experiences. We are pleased to offer residents more choices, and we are excited to see residents enjoying all of the new amenities created by the expansion project.”

Mallorca is a new four-story building featuring 54 sophisticated apartment homes that feature alcove, one- and two-bedroom floor plans, equipped with full kitchens, washers and dryers, and balconies. With the addition of Mallorca, La Posada residents can now choose from a variety of floor plans, some of which offer up to 2,600 square feet and views of the lake. Residents will benefit from housekeeping services, scheduled transportation, wellness and lifestyles programming, and access to the community’s 5-star rated Health Care Center. Amenities in Mallorca include a restaurant, pub, salon and spa, fitness space and various indoor and outdoor areas to socialize.

“Mallorca enriches the lifestyle experience of all who live within our 22-acre campus,” said Andy Kohlberg, president and chief executive officer of Kisco Senior Living. “The original campus design connects residences and amenities via indoor and outdoor walkways. In Mallorca, residents will have all their amenities located under one roof. We are now able to offer every type of living arrangement, along with a variety of contract options to suit resident’s lifestyles and needs.”



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In addition to enjoying amenities at Mallorca, La Posada residents can enjoy recently renovated amenities in other areas of the campus. The community renovated the clubhouse and added a new, free-standing 3,400-square-foot state-of-the-art wellness center with locker rooms and a workout space with expansive glass walls that allow residents to enjoy views of the lake and the nearby pool while they exercise. A new bar and lounge area features a space for Wii bowling competitions, as well as large-screen TVs for parties and casual drinks or coffee. A display kitchen is the centerpiece of a new dining venue where residents can enjoy culinary entertainment. In total, the community now features six dining venues for all residents to enjoy. An expanded walking path loops around the entire campus, encouraging wellness and connecting residents throughout the La Posada community.

“We are delighted to incorporate these new amenities and open Mallorca. We feel privileged to have the opportunity to serve seniors in the Palm Beach Gardens community,” said Cadiere. “We pride ourselves on providing a stunning community committed to intellectual, cultural and wellness experiences which contribute to the growth of residents. The resort-style environment is conducive to active adults at every level, offering splendid amenities and fine dining options aimed at helping residents master The Art of Living Well®.”

When Ann Mayberry decided to leave her condo on Singer Island, she toured La Posada. Upon her first visit, she learned about Mallorca and it appealed to her. She decided to do a 24-hour stay to get a feel for the senior living community and instantly fell in love, forgoing the other options she was considering. She went in on a Friday and had lunch with residents who share her interests, then attended a lecture in the afternoon, followed by dinner and a musical performance. The next morning she had breakfast with more residents. She soon decided to make La Posada her home.

“I was thrilled to learn that everyone is very friendly, and that there is something for everyone to do morning, noon and night,” said Mayberry. “From bridge to art classes, fitness classes, educational events, musical performances, Wii bowling tournaments and more, there is always something going on. I regularly attend scheduled luncheons and dinners to get better acquainted with residents of La Posada. I quite enjoy the variety of food, and the chef’s pie is as good as my grandmother’s. Mallorca is beautiful, and I am pleased to soon live in a fourth-floor apartment overlooking the lake. This is my first time to move into a home that no one occupied previously. I am eager for a fresh start in this chapter in my life, so I decided to buy all new furniture, even a white couch, which I have always wanted but never considered practical before. The landscaping at the community is aesthetically pleasing. When you enter the campus, there’s a little bridge that goes over the water, and it is all quite charming. I’m only 82 years old, and my mother lived to be 105 so I’m expecting to be here for a while. It truly is a lovely place to call home.”



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For those interested in learning more about La Posada and Mallorca, there is a Discover La Posada session coming up on June 28. Please call 561-459-5181 for more information and to RSVP.

If you are interested in covering this story or setting up an interview with a resident or team member, please contact Lauren Witt via phone at 214-378-7970 ext. 306 or email at [lwitt@thepointgroup.com](mailto:lwitt@thepointgroup.com) or Amy Jones via phone at 214-378-7970 ext. 302 or email at [ajones@thepointgroup.com](mailto:ajones@thepointgroup.com).

## **ABOUT LA POSADA**

La Posada is a resort-style life care community located in the heart of Palm Beach Gardens, Florida. The continuing care retirement community features luxurious independent living apartments, independent living cottages, as well as assisted living apartments, memory care suites, private rooms for short-term rehabilitation and skilled nursing, all nestled within 22 prime acres of sparkling lakes and lavish courtyards. Providing a variety of amenities, residents enjoy chef-prepared meals, concierge services, state-of-the-art wellness programs, transportation services, and intellectually stimulating events and activities.

As a Kisco Senior Living community, The Art of Living Well® philosophy is in every aspect of community life. Unique social and wellness opportunities strengthen the mind, body and spirit.

For more information, call 561-232-6700 or go to <http://www.kiscoseniorliving.com/senior-living/fl/palm-beach-gardens/la-posada/>

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**Photos Courtesy of La Posada**