

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Newspapers/ News <b>1</b> 10:30 Music Therapy Harmony 11:30 Exercise 1:30 Manicures 1:30 Aroma Therapy With Heather ALF 2:45 Reading circle	10:00 Newspapers/ News <b>2</b> 10:00 Balloon Toss 10:30 Brain Games 11:30 Exercise 1:30 Who am I 2:15 Left right center 3:30 Tuesday Tunes  Simchat Torah	10:00 Newspapers/ News <b>3</b> 10:00 Balloon Toss 10:30 Brain Games 11:30 Exercise 1:30 Aromatherapy w Heather ALF 2:15 Left right center 3:30 Tuesday Tunes	10:00 Fresh baked cookies <b>4</b> 10:00 Adult Coloring 10:30 Trivia Pursuit 11:30 Exercise 2:00 Ring toss 3:00 Pictionary	10:00 Bingo <b>5</b> 10:00 Communion 10:30 Manicure 11:30 Exercise 1:30 Who am I 3:00 Entertainment Jeff 2 <sup>nd</sup> fl	10:00 Fresh baked cookies <b>6</b> 11:00 Zumba ALF 1:30 Bingo 2:30 Saturday night fever(63) 3:00 Parachute 7:30 Saturday night fever(63)
10:00 Live Spiritual Service on TV in activity room <b>7</b> 11:30 Exercise 2:00 The Da Vinci Code (63) 2:00 Bingo activity room 3:00 Brain Games 5:00 The Da Vinci Code (63)	10:00 Newspapers/ News <b>8</b> 10:30 Bingo 11:30 Exercise 1:30 Manicures 1:30 Aroma Therapy With Heather ALF 3:00 Columbus Day Celebration Alf Entertainment Nancy  Columbus Day (US) Thanksgiving Day (Canada)	10:00 Newspapers/ News <b>9</b> 10:00 Balloon Toss 10:30 Brain Games 11:30 Exercise 1:30 Who am I 2:15 Left right center 3:30 Tuesday Tunes	10:00 Newspapers/ News <b>10</b> 10:00 Balloon Toss 10:30 Brain Games 11:30 Exercise 1:30 Aromatherapy w Heather ALF 2:15 Left right center 3:30 Tuesday Tunes	10:00 Fresh baked cookies <b>11</b> 10:00 Adult Coloring 10:30 Trivia Pursuit 11:30 Exercise 2:00 Ring toss 3:00 Pictionary	10:00 Bingo <b>12</b> 10:00 Communion 10:30 Manicure 11:30 Exercise 1:30 Who am I 3:00 Movie	10:00 Fresh baked cookies <b>13</b> 11:00 Zumba ALF 1:30 Bingo 2:30 Shall we dance (63) 3:00 Parachute 7:30 Shall we dance (63)
10:00 Live Spiritual Service on TV in activity room <b>14</b> 11:30 Exercise 2:00 Grease 2 (63) (63) 2:00 Bingo activity room 3:00 Brain Games 5:00 Grease 2 (63) (63)	10:00 Newspapers/ News <b>15</b> 10:30 Music Therapy Harmony 11:30 Exercise 1:30 Manicures 1:30 Aroma Therapy With Heather ALF 2:45 Reading circle	10:00 Newspapers/ News <b>16</b> 10:00 Balloon Toss 10:30 Brain Games 11:30 Exercise 1:30 Who am I 2:15 Left right center 3:30 Tuesday Tunes	10:00 Newspapers/ News <b>17</b> 10:00 Balloon Toss 10:30 Brain Games 11:30 Exercise 1:30 Aromatherapy w Heather ALF 2:15 Left right center 3:30 Tuesday Tunes	10:00 Fresh baked cookies <b>18</b> 10:00 Adult Coloring 10:30 Trivia Pursuit 11:30 Exercise 2:00 Ring toss 3:00 Pictionary	10:00 Bingo <b>19</b> 10:00 Communion 10:30 Manicure 11:30 Exercise 1:30 Who am I 3:00 Birthday Celebration Entertainment Debbie Harmony 	10:00 Fresh baked cookies <b>20</b> 11:00 Zumba ALF 1:30 Bingo 2:30 Pearl Harbor (63) 3:00 Parachute 7:30 Pearl Harbor (63)
10:00 Live Spiritual Service on TV in activity room <b>21</b> 11:30 Exercise 2:00 Forest Gump(63) 2:00 Bingo activity room 3:00 Brain Games 5:00 Forest Gump(63)	10:00 Newspapers/ News <b>22</b> 10:30 Bingo 11:30 Exercise 1:30 Manicures 1:30 Aroma Therapy With Heather ALF 2:45 Reading circle	10:00 Newspapers/ News <b>23</b> 10:00 Balloon Toss 10:30 Brain Games 11:30 Exercise 1:30 Who am I 2:15 Left right center 3:00 "The Healing Benefits Of Nature "with Elissa RN	10:00 Newspapers/ News <b>24</b> 10:00 Balloon Toss 10:30 Brain Games 11:30 Exercise 1:30 Aromatherapy w Heather ALF 3:00 St Marks Service ALF	10:00 Fresh baked cookies <b>25</b> 10:00 Adult Coloring 10:30 Trivia Pursuit 11:30 Exercise 2:00 Ring toss 3:00 Pictionary	10:00 Bingo <b>26</b> 10:00 Communion 10:30 Manicure 11:30 Exercise 1:30 Who am I 3:00 Entertainment Debbie 2 <sup>nd</sup> fl	10:00 Fresh baked cookies <b>27</b> 11:00 Zumba ALF 1:30 Bingo 2:30 JFK (63) 3:00 Parachute 7:30 JFK (63)
10:00 Live Spiritual Service on TV in activity room <b>28</b> 11:30 Exercise 2:00 Red Window (63) 2:00 Bingo activity room 3:00 Brain Games 5:00 Red Window (63)	10:00 Newspapers/ News <b>29</b> 10:30 Bingo 11:30 Exercise 1:30 Manicures 1:30 Aroma Therapy With Heather ALF 2:45 Reading circle	10:00 Newspapers/ News <b>30</b> 10:00 Balloon Toss 10:30 Brain Games 11:30 Exercise 1:30 Who am I 2:15 Left right center 3:30 Tuesday Tunes	10:30 Outreach Kids  <b>31</b> 11:30 Exercise 1:30 Bridge 1:30 Aromatherapy w Heather 3:00 Halloween Party Entertainment Kristina ALF  Halloween	 <h1>OCTOBER 2018</h1> <h2>Healthcare Center</h2> 		