

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday  |
|--|---|--|---|--|--|---|
| 10:00 Great Hymns Church Service TV <b>1</b><br>11:00 Shake it out<br>12:00 Communion<br>1:45 Balloon Toss<br>3:00 Pretty Nails Music and Reminiscing the New Year<br>New Year's Day                         | 10:30 Art with Debra <b>2</b><br>11:30 Exercise ALF w/Jennifer<br>1:30 Corn Hole<br>2:15 Floats and easy Listening<br>3:00 Word Ball<br>4:15 Concert on You Tube  | 10:30 Spelling Bee <b>3</b><br>11:30 Exercise ALF w/Jennifer<br>1:45 Golf<br>3:00 Spiritual Time with Group Sensory stimulation<br>4:15 Concert on You Tube  | 10:30 Go Fish <b>4</b><br>11:30 Exercise ALF With Jennifer<br>2:00 Entertainment ALF<br>3:15 Junk Draw<br>4:15 TV Land  | 10:00 IN2L <b>5</b><br>11:00 Shake it out with Roanna<br>1:30 Art with Roanna<br>3:00 Music Therapy<br>4:15 Animal Planet                        | 9:00 Communion <b>6</b><br>10:00 Art<br>11:30 Exercise ALF with Jennifer<br>1:30 Easy listening<br>2:00 Scenic tour<br>3:00 Concert on You tube  | 10:00 Good News <b>7</b><br>10:00 Dominos<br>10:30 IN2L<br>11:30 Exercise<br>1:30 Bingo<br>3:00 Root beer Floats, Chat and music<br>4:00 Movie  |
| 10:00 Great Hymns Church Service TV <b>8</b><br>11:00 Shake it out<br>12:00 Communion<br>1:45 Balloon Toss<br>3:00 Pretty Nails Music and Reminiscing the New Year   | 10:30 Art with Debra <b>9</b><br>11:30 Exercise ALF w/Jennifer<br>1:30 Corn Hole<br>2:15 Floats and easy Listening<br>3:00 Word Ball<br>4:15 Concert on You Tube  | 10:30 Spelling Bee <b>10</b><br>11:30 Exercise ALF w/Jennifer<br>1:45 Golf<br>3:00 Spiritual Time with Group Sensory stimulation<br>4:15 Concert on You Tube | 10:30 Go Fish <b>11</b><br>11:30 Exercise ALF With Jennifer<br>2:00 Entertainment ALF<br>3:15 Junk Draw<br>4:15 TV Land | 10:00 IN2L <b>12</b><br>11:00 Shake it out with Roanna<br>1:30 Art with Roanna<br>3:00 Karaoke<br>4:15 Animal Planet                             | 9:00 Communion <b>13</b><br>10:00 Art<br>11:30 Exercise ALF with Jennifer<br>1:30 Easy listening<br>2:00 Scenic tour<br>3:00 Concert on You tube | 10:00 Good News <b>14</b><br>10:00 Dominos<br>10:30 IN2L<br>11:30 Exercise<br>1:30 Bingo<br>3:00 Smoothies, Chat and music<br>4:00 Movie        |
| 10:00 Great Hymns Church Service TV <b>15</b><br>11:00 Shake it out<br>12:00 Communion<br>1:45 Balloon Toss<br>3:00 Pretty Nails Music and Reminiscing the New Year  | 10:30 Art with Debra <b>16</b><br>11:30 Exercise ALF w/Jennifer<br>1:30 Corn Hole<br>2:15 Floats and Remembering Martin Luther King<br>3:00 Word Ball<br>4:15 Concert on You Tube<br>Martin Luther King Jr. Day | 10:30 Spelling Bee <b>17</b><br>11:30 Exercise ALF w/Jennifer<br>1:45 Golf<br>3:00 Spiritual Time with Group Sensory stimulation<br>4:15 Concert on You Tube | 10:30 Go Fish <b>18</b><br>11:30 Exercise ALF With Jennifer<br>2:00 Entertainment ALF<br>3:15 Junk Draw<br>4:15 TV Land | 10:00 IN2L <b>19</b><br>11:00 Shake it out with Roanna<br>1:30 Art with Roanna<br>3:00 Music Therapy<br>4:15 Animal Planet                       | 9:00 Communion <b>20</b><br>10:00 Art<br>11:30 Exercise ALF with Jennifer<br>1:30 Easy listening<br>2:00 Scenic tour<br>3:00 Concert on You tube | 10:00 Good News <b>21</b><br>10:00 Dominos<br>10:30 IN2L<br>11:30 Exercise<br>1:30 Bingo<br>3:00 Root beer Floats, Chat and music<br>4:00 Movie |
| 10:00 Great Hymns Church Service TV <b>22</b><br>11:00 Shake it out<br>12:00 Communion<br>1:45 Balloon Toss<br>3:00 Pretty Nails Music and Reminiscing the New Year<br>Chinese New Year (Year of the Rabbit) | 10:30 Art with Debra <b>23</b><br>11:30 Exercise ALF w/Jennifer<br>1:30 Corn Hole<br>2:15 Floats and easy Listening<br>3:00 Word Ball<br>4:15 Concert on You Tube<br>Activity Professionals Week                | 10:30 Spelling Bee <b>24</b><br>11:30 Exercise ALF w/Jennifer<br>1:45 Golf<br>3:00 Spiritual Time with Group Sensory stimulation<br>4:15 Concert on You Tube | 10:30 Go Fish <b>25</b><br>11:30 Exercise ALF With Jennifer<br>2:00 Entertainment ALF<br>3:15 Junk Draw<br>4:15 TV Land | 10:00 IN2L <b>26</b><br>11:00 Shake it out with Roanna<br>1:30 Art with Roanna<br>3:00 Karaoke<br>4:15 Animal Planet<br>Australia Day (observed) | 9:00 Communion <b>27</b><br>10:00 Art<br>11:30 Exercise ALF with Jennifer<br>1:30 Easy listening<br>2:00 Scenic tour<br>3:00 Concert on You tube | 10:00 Good News <b>28</b><br>10:00 Dominos<br>10:30 IN2L<br>11:30 Exercise<br>1:30 Bingo<br>3:00 Smoothies, Chat and music<br>4:00 Movie        |
| 10:00 Great Hymns Church Service TV <b>29</b><br>11:00 Shake it out<br>12:00 Communion<br>1:45 Balloon Toss<br>3:00 Pretty Nails Music and Reminiscing the New Year  | 10:30 Art with Debra <b>30</b><br>11:30 Exercise ALF w/Jennifer<br>1:30 Corn Hole<br>2:15 Floats and easy Listening<br>3:00 Word Ball<br>4:15 Concert on You Tube   | 10:30 Spelling Bee <b>31</b><br>11:30 Exercise ALF w/Jennifer<br>1:45 Golf<br>3:00 Spiritual Time with Group Sensory Stimulation<br>4:15 Concert on YouTube  |  <p>January 2023<br/>Harmony</p>   |  |  |   |