

SUN	MON	TUE	WED	THUR	FRI	SAT
	10:00 Balance Class (MFC) 11:00 Bible Study (LCR) 1:00 Trip Out: Publix (Garden Square) (MIL) 2:30 Bingo (LSG) 7:00 Texas Hold 'em (LCR) 7:15 Monday Night Movie: "The Greatest Beer Run Ever" (2022) (LSG)	10:00 Sittercise Class (AS) 1:00 Total Brain Health Workout Series: "Class 2 - Balancing Act" (LSG) 1:00 Trip Out: Banking, Mall and Library (MIL) 🚗 1:30 Rummikub (MCR)	10:00 Aquarobics with Jen (Pool) 10:00 Trip Out: Isles Casino & Festival Flea Market (MIL) 🚗 1:00 Trip Out: Publix (Hood Road) (MIL) 3:30 Chorus Rehearsal (LSG) 7:15 Bingo (LSG)	10:00 Sittercise Class (AS) 11:00 Men's Group (LCR) 11:00 Jewish Studies with Rabbi Tani (SCR) 11:30 Trip Out: Lunch at Kabuki (MIL) \$ 🚗 1:00 Thursday Trip Out: Target & Kohl's (MIL) 🚗	Cinco de Mayo 10:00 Cardio Drumming (MFC) 12:45 Discussion and Debate Group (DISCOVERY ROOM (Mallorca)) 1:00 Trip Out: Publix (Hood Road) (MIL) 1:00 Creatives Connect Arts & Crafts Class (MMR) 1:00 Mah-Jongg (SCR) 4:30 Cinco de Mayo Happy Hour (BC/LSG)	9:30 Chair Yoga with Sofia (AS) 10:30 Trip Out: Trader Joe's & Pharmacy (MIL) 🚗 1:30 Rummikub (MCR) 2:30 Kentucky Derby Day Bingo (LSG) 6:00 149th Kentucky Derby Social (LSG)
9:00 Trip Out: St. Patrick's Church (MIL) 11:45 Sunday Brunch (WDR) 2:00 Painting Class: Wassily Kandinsky (MMR) 2:00 Blackjack (LCR) 2:30 Sunday Movie Matinee: "Seabiscuit" (2003) (LSG)	10:00 Balance Class (MFC) 11:00 Bible Study (LCR) 1:00 Trip Out: Publix (Garden Square) (MIL) 2:30 Bingo (LSG) 7:00 Texas Hold 'em (LCR) 7:15 Monday Night Movie: "Ticket to Paradise" (2022) (LSG)	10:00 Sittercise Class (AS) 1:00 Trip Out: Banking, Mall and Library (MIL) 🚗 1:30 Rummikub (MCR) 2:00 Tech Talks with Tiffany (LSG)	10:00 Aquarobics with Jen (Pool) 1:00 Trip Out: Publix (Hood Road) (MIL) 2:00 Wii Bowling Championship (LSG) 3:30 Chorus Rehearsal (LSG) 7:15 Bingo (LSG)	10:00 Sittercise Class (AS) 11:00 Jewish Studies with Rabbi Tani (SCR) 12:00 Ladies' Lunch on the Terrace (Waterfront and Palma Terraces) 1:00 Thursday Trip Out: Anthony's & Bealls (MIL) 🚗 7:30 After Dinner Show with Ivy Hannum (LSG)	10:00 Aquarobics with Jen (Pool) 11:00 Trip Out: Home Goods/Joseph's Plaza (MIL) 🚗 1:00 Trip Out: Publix (Hood Road) (MIL) 1:00 Creatives Connect Arts & Crafts Class (MMR) 1:00 Mah-Jongg (SCR) 3:30 Wisdom Warrior Challenge Awards Ceremony (LSG) 4:30 Happy Hour (BC/LSG)	9:30 Chair Yoga with Sofia (AS) 10:30 Trip Out: Publix (Promenade) & Pharmacy (MIL) 🚗 1:30 Rummikub (MCR) 2:30 Mother's Day Big Bingo (LSG) 6:30 Mother's Day Jukebox Jam (singing, Karaoke & dancing) (LSG)
Mother's Day 9:00 Trip Out: St. Patrick's Church (MIL) 11:45 Sunday Brunch (WDR) 2:00 Painting Class: Wassily Kandinsky (MMR) 2:00 Blackjack (LCR)	10:00 Balance Class (MFC) 11:00 Bible Study (LCR) 1:00 Trip Out: Publix (Garden Square) (MIL) 2:30 Bingo (LSG) 7:00 Texas Hold 'em (LCR) 7:15 Monday Night Movie: "Women Talking" (2023) (LSG)	10:00 Sittercise Class (AS) 1:00 Total Brain Health Workout Series: "Class 3 - Beat the Clock" (LSG) 1:00 Trip Out: Banking, Mall and Library (MIL) 🚗 1:30 Rummikub (MCR)	10:00 Aquarobics with Jen (Pool) 12:00 Birthday Luncheon (WDR) 1:00 Trip Out: Publix (Hood Road) (MIL) 2:30 Ice Cream Social (BC) 3:30 Chorus Rehearsal (LSG) 7:15 Bingo (LSG)	10:00 Sittercise Class (AS) 11:00 Men's Group (LCR) 11:00 Jewish Studies with Rabbi Tani (SCR) 1:00 Thursday Trip Out: Walmart Jupiter & Aldi's (MIL) 🚗 5:00 Dinner Out: "Grimaldi's Pizzeria" (MIL) \$ 🚗 7:30 After-Dinner Show with Solomon Eichner (LSG)	10:00 Cardio Drumming (MFC) 12:30 Trip Out: Delray Beach Yacht Cruise" (MIL) \$ 🚗 12:45 Discussion and Debate Group (MMR) 1:00 Trip Out: Publix (Hood Road) (MIL) 1:00 Mah-Jongg (SCR) 4:30 Happy Hour (BC/LSG)	9:30 Chair Yoga with Sofia (AS) 10:30 Trip Out: Trader Joe's & Pharmacy (MIL) 🚗 1:30 Rummikub (MCR) 2:00 Jim Breen Acoustic Duo (BC) 3:30 8-Game Bingo with Ryan (LSG)
9:00 Trip Out: St. Patrick's Church (MIL) 11:45 Sunday Brunch (WDR) 2:00 Painting Class: Wassily Kandinsky (MMR) 2:00 Blackjack (LCR) 2:30 Sunday Movie Matinee: "Top Gun" (1986) (LSG) 5:00 Trip Out: Dinner at The Melting Pot (MIL) \$ 🚗	10:00 Balance Class (MFC) 10:00 Bible Study (LCR) 11:00 Resident Council Meeting (LSG) 1:00 Trip Out: Publix (Garden Square) (MIL) 2:30 Bingo (LSG) 7:00 Texas Hold 'em (LCR) 7:15 Monday Night Movie: "Living" (2022) (LSG)	10:00 Sittercise Class (AS) 11:00 Tech Talks with Tiffany (LSG) 1:00 Trip Out: Banking, Mall and Library (MIL) 🚗 1:30 Rummikub (MCR)	9:30 Trip Out: "McKee Botanical Gardens" (MIL) \$ 🚗 10:00 Aquarobics with Jen (Pool) 1:00 Trip Out: Publix (Hood Road) (MIL) 3:30 Chorus Rehearsal (LSG) 4:00 Book Club (LCR) 7:15 Bingo (LSG)	10:00 Sittercise Class (AS) 11:00 Jewish Studies with Rabbi Tani (SCR) 11:00 Town Hall Meeting (LSG) 1:00 Thursday Trip Out: Costco (MIL) 🚗 7:15 Ballroom Dance with Ryan & Dance Hosts (LSG)	10:00 Aquarobics with Jen (Pool) 1:00 Trip Out: Publix (Hood Road) (MIL) 1:00 Creatives Connect Arts & Crafts Class (MMR) 1:00 Mah-Jongg (SCR) 4:30 Happy Hour (PLM)	9:30 Chair Yoga with Sofia (AS) 10:30 Trip Out: Publix (Promenade) & Pharmacy (MIL) 🚗 1:00 Trip Out: Palm Beach Dramaworks "Topdog/Underdog" \$ 🚗 1:30 Rummikub (MCR)
9:00 Trip Out: St. Patrick's Church (MIL) 11:45 Sunday Brunch (WDR) 2:00 Painting Class: Wassily Kandinsky (MMR) 2:00 Blackjack (LCR) 2:30 Sunday Movie Matinee: "Top Gun: Maverick" (2022) (LSG)	Memorial Day 11:00 Memorial Day Program (LSG) 12:00 Memorial Day Cookout (WDR) 1:00 Trip Out: Publix (Garden Square) (MIL) 2:30 Bingo (LSG) 5:00 Monday Night Movie: "Saving Private Ryan" (1998) (LSG) 7:00 Texas Hold 'em (LCR)	10:00 Sittercise Class (AS) 1:00 Total Brain Health Workout Series: "Class 4 - Why Stress?" (LSG) 1:00 Trip Out: Banking, Mall and Library (MIL) 🚗 1:30 Rummikub (MCR) 4:30 Trip Out: Dinner at Juno Fish House (MIL) \$ 🚗	10:00 Aquarobics with Jen (Pool) 11:00 Health Fair at La Posada (LSG) 1:00 Rehab Screening with Diane Maguire (AS) 1:00 Trip Out: Publix (Hood Road) (MIL) 2:30 Healthy Smoothie Social (BC) 7:15 Bingo (LSG)	KEY AS - Aerobics Studio BC - BARcelona BC/LSG - BARcelona / La Sala Grande LSG - La Sala Grande LCR - Large Card Room MCR - Mallorca Card Room MFC - Mallorca Fitness Center MIL - Meet in Lobby MMR - Multipurpose Room	PLM - Palma SCR - Small Card Room WDR - Waterfront Dining Room 🚗 - Trip Out \$ - Payment Required	

May 2023

www.MyLaposada.com